

## Choosing a Confirmation Name

As a candidate for the celebration of the sacrament of Confirmation, you have two options concerning the choice of a Confirmation name.

If the celebration of Confirmation symbolizes a new beginning in your faith life, you may select a name that honors Jesus or Mary or one of the recognized saints of the Church, as a way of expressing the “new” journey you’re on. Begin the process of choosing a name by researching the lives of saints; when you find a saint whose way of life you would like to emulate, select that saint’s name as your Confirmation name. The particular saint’s name chosen should represent the direction you feel your faith life is taking, or should represent strength or attribute you feel you need.

This option of taking a new name is *not* to be used because you like the sound of the name, how it fits with your other names, or because it is the name of a relative or friend.

If your baptismal name (your first name) is that of a recognized saint of the Church, you may choose to stay with that name. Using the same name highlights the relationship between the sacraments of Baptism and Confirmation and suggests that you feel there has been a continual growth in your faith.

Either option is perfectly acceptable and both options require a Saint Report to be written. If you take a new name, report on that particular saint, if you keep your Baptismal name, report on the saint you were named after. (see “Saint Report” sheet for detailed requirements of report)