

PRAYERS TO KNOW

Sign of the Cross

In the name of the Father, the Son, and the Holy Spirit. Amen.

Our Father

Our Father, who art in heaven, hallowed be thy name, Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil.

Hail Mary

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning is now, and ever shall be world without end. Amen.

Act of Contrition

O, my God, I am very sorry for all my sins because they displease You. Who are all-good and deserving of all my love. With Your help I will sin no more. Amen

Prayer Before Meals

Bless us O Lord and these thy gifts which we are about to receive from thy bounty through Christ our Lord. Amen.