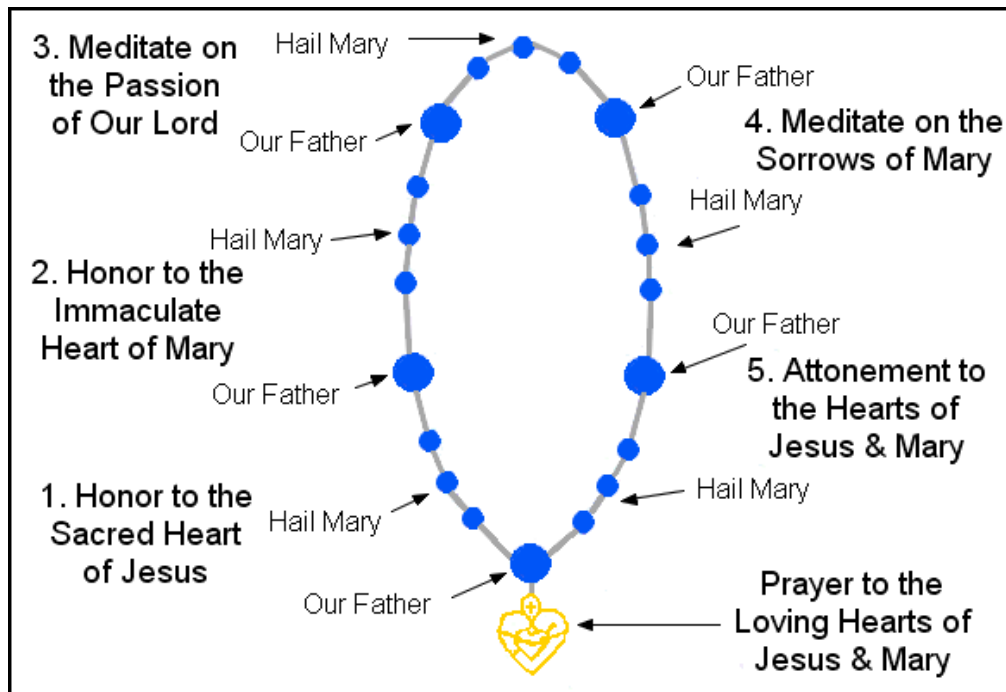


# CHAPLET OF THE TWO HEARTS



The Chaplet of the Two Hearts consists of the Two Hearts Medal and 20 beads. There are five sets of 4 beads each. Each 4-bead set represents one "Our Father..." and three "Hail Mary..." prayers. During each of the five sets of beads, meditate on the corresponding spiritual themes:

1. In Honor of the Sacred Heart of Jesus.
2. In Honor of the Immaculate Heart of Mary.
3. Meditating on the Passion of Our Lord.
4. Meditating on the Sorrows of Mary.
5. In Atonement to the Hearts of Jesus and Mary.

Conclude on the medal, with the prayer to the Loving Hearts of Jesus and Mary:

**O Loving Hearts of Jesus and Mary,**

You are all grace, all mercy, all love.

Let my heart be joined to Yours,

so that my every need is present in Your Loving Hearts.

Most especially, shed Your grace upon this particular need...

*(state your petition here.)*

Help me to recognize and accept Your loving will in my life.

Holy and Sacred Wounds of the Loving Hearts of Jesus and Mary,  
answer my prayer. Amen.