

COVID-19 (Coronavirus) Policies and Resources Diocese of Bridgeport

Information for individuals:

- Anyone who is ill, anyone who suspects they are ill, or anyone who had contact with someone exhibiting flu-like symptoms should refrain from participation in public activities and go out only if necessary
- Please remember to pray for an end to this illness and to keep all those who have died from and who are adversely affected by the Coronavirus in your prayers.
- Educate yourself on the Coronavirus, practice good personal health habits, and take all necessary precautions issued by the Center for Disease Control and World Health Organization seriously.

Masses on television or streaming:

- St. Mary Facebook page at Noon daily — <https://www.facebook.com/StMaryChurchBethel/>
- Sunday Mass will be celebrated by Bishop Caggiano or Monsignor Thomas Powers, Vicar General, and can be viewed on-line by going to www.bridgeportdiocese.org or on the diocesan social media channels (www.bridgeportdiocese.org/dobsocial/home).
- Office of Radio and Television, Archdiocese of Hartford (WCCT-TV) <https://archdioceseofhartford.org/office-of-radio-and-television/>
- Archdiocese of Hartford Channel Guide <https://archdioceseofhartford.org/new-channel-extends-tv-mass-to-wider-audience-in-three-state-area/>
- Catholic TV <http://www.catholictv.org/watch-live>
- EWTN (consult your cable provider)
- SiriusXM Catholic Channel <https://www.siriusxm.com/thecatholicchannel/weeklyschedule>
- Salt + Light TV <https://saltandlighttv.org/live/>
- Saint Rose of Lima Live Stream <https://www.strosechurch.com/live-stream>
- The Cathedral Parish Live Stream <https://www.thecathedralparish.org/>
- St. Augustine Cathedral, Bridgeport <https://www.thecathedralparish.org/66>
- St. Joseph Parish, Brookfield <https://venue.streamspot.com/c8e4066485>
- Daily Mass on Veritas Radio

Prayers

- ***Act of Spiritual Communion*** The Act, which can be offered for all those who have died or are suffering from Coronavirus, can be a simple prayer, such as, “*My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.*”
- ***Washing your hands by praying the Apostles Creed*** Go to <http://www.bridgeportdiocese.org/wp-content/uploads/2020/03/Handwash-CREED.pdf> for a flyer
- ***Washing your hands by praying the Our Father*** Go to http://www.bridgeportdiocese.org/wp-content/uploads/2020/03/How_to_Handwash_OUR_FATHER.pdf
- ***Prayer to St. Roch:*** *O Blessed Saint Roch, Patron of the sick, Have pity on those Who lie upon a bed of suffering. Your power was so great When you were in this world, That by the sign of the Cross, Many were healed of their diseases. Now that you are in heaven, Your power is not less. Offer, then, to God Our sighs and tears And obtain for us that health we seek Through Christ our Lord. Amen. (Repeat the following 3 times) Saint Roch, pray for us, That we may be preserved From all diseases of body and soul.*